SARAH RUSTHOVEN

Speaker | Identity • Faith • Purpose

From "If Only" to "Him Only"

A powerful, relatable message that helps women break free from striving, silence, shame, and discover their true identity in Christ



SIGNATURE TALK

FROM "IF ONLY" TO "HIM ONLY"

What if the thing you've been chasing....was never meant to define you?

A deeply personal story of an identity and a long awaited reunion. Audiences experience an emotional journey that is equal parts powerful, humorous and transforming.

AUDIENCE WILL LEAVE WITH:

- ✓A renewed understanding of their identity in Christ
- ✓Freedom from shame, comparison, and striving
- ✓Practical ways to shift from "If Only" thinking
- ✓A deeper sense of purpose, peace, and belonging

WHO IS THIS FOR:

- Women's Conferences
- Church Events & Retreats
- Faith-Based Organizations
- Moms, Leaders, & Ministry Teams

"Everything I was searching for in the world was already secure in Christ"

Why Sarah

Sarah's story isn't just heard.... *it's felt*

With authenticity, humor, and powerful storytelling, she connects deeply with audiences.

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Michigan-based / Travels Nationwide